



personal



- Powder coated steel construction with adjustable height
- Includes 2 x hit pads
- 4 x fixing bolts for easy installation
- To view further setup and installation manuals please visit www.cardioboxer.net

THIS MACHINE REQUIRES INSTALLATION ON A STRUCTURAL SOUND WALL OR A WALL CERTIFIED BY A LICENSED BUILDER.



WARNING: To be used for cardio work outs and light boxing training. Misuse could result in injury. Always consult your doctor before using new exercise equipment. Advise your doctor what type of equipment you plan to use, the type of exercise and likely frequency of exercise to be undertaken.