



personal

The revolutionary personal boxing and fitness partner.

Cardio Boxer is a revolution in boxing equipment - improving effectiveness of training whilst reducing the risk of injury common to sustained and repetitive workout routines.

Cardio Boxer is available in two models:
Cardio Boxer Personal & Cardio Boxer Professional Series.

Cardio Boxer Personal is designed for home or personal use - fabricated using powder coated steel.



Patented mechanisms ensure smooth, low impact movements

Adjustable pad resistance facilitates individual programmes and targeted strengthening and endurance-based workout programmes

Fully adjustable pad height and angle settings

Simple installation